

## USA and World 2K Records

(As of 03/02/2017)

		USA Records 2K- Women				World Records 2K- Women				
Age	Weight	Name	Year	Age	Time	Time	Age	Year	Name	Country
12 & under		Elizabeth Sharis	2010		07:55.5	07:30.3		1998	Fie Udby	Denmark
13-14	HWT	Emily Delleman	2013		07:12.6	07:06.1		2017	Beckie Leigh	New Zealand
15-16	HWT	Grace McGinley	2016		06:46.1	06:49.0		2014	Dana Moffat	USA
17-18	HWT	Emily Delleman	2016		06:43.8	06:28.2		2016	Sophia Asoumanakis	Greece
	LWT	Christine Cavallo	2013		07:05.7	07:05.7		2013	Christine Cavallo	USA
19-29	HWT	Michele Guerette	2004		06:35.4	06:25.0		2015	Olena Buryak	Ukraine
	LWT	Ursula Grobler	2010		06:54.7	06:54.7		2010	Ursula Grobler	U.S.A.
30-39	HWT	Amy Fuller	2000		06:32.3	06:28.8		2004	Sarah Winckless	Great Britain
	LWT	Lisa Schlenker	2000		06:56.7	06:56.7		2000	Lisa Schlenker	U.S.A.
40-49	HWT	Carol Skricki	2006		06:48.2	06:48.2		2003	Carol Skricki	U.S.A.
	LWT	Lisa Schlenker	2005		07:09.6	07:09.6		2005	Lisa Schlenker	U.S.A.
50-54	HWT	Susan Borden	2017		07:08.4	06:58.0		2012	Joanne Ritchie	Canada
	LWT	Joan Van Blom	2004		07:22.6	07:22.6		2004	Joan Van Blom	U.S.A.
55-59	HWT	Amy Fuller	2008		07:23.7	07:10.1		2016	Anne Bourlioux	Canada
	LWT	Joan Van Blom*	2008		07:30.6	07:30.6		2008*	Joan Van Blom	U.S.A.
60-64	HWT	Susan Hooten	2013		07:31.4	07:31.0		2008*	Mies Bernelot Moens	Netherlands
	LWT	Susan Hooten	2015		07:35.5	07:35.5		2015	Susan Hooten	U.S.A.
65-69	HWT	Barbara Pike	2007		07:53.4	07:43.2		2011	Mies Bernelot Moens	Netherlands
	LWT	Luanne Mills	2008		07:59.6	07:56.7		2012	Ingrid Petersen	Denmark
70-74	HWT	Luanne Mills	2010		08:11.5	08:00.8		2016	Mies Bernelot Moens	Netherlands
	LWT	Luanne Mills*	2009		08:12.7	08:12.7		2009	Luanne Mills*	U.S.A.
75-79	HWT	Luane Mills	2015		08:29.6	08:29.6		2015	Luanne Mills*	USA
	LWT	Luane Mills	2014		08:34.7	08:29.6		2014	Luane Mills	U.S.A.
80-84	HWT	Ruth Doell	2008		08:54.8	08:54.8		2008*	Ruth Doell	U.S.A.
	LWT	Jeanne Daprano	2017		09:28.3	09:28.3		2017	Jeanne Daprano	U.S.A.
85-89	HWT	Sally Callahan	2015		10:34.7	10:34.7		2015	Sally Callahan	U.S.A.
	LWT	Gertrude Zint	2005		12:07.9	10:25.2		2006	Jane Welsh	Great Britain
90-94	LWT	Ernestine Bayer	2000		12:07.5	12:07.5		2000	Ernestine Bayer	U.S.A.
95-99	LWT	Dorothy Stewart	2017		14:55.3	14:55.3		2017	Dorothy Stewart	U.S.A.

		USA Records 2K- Men				World Records 2K- Men				
Age	Weight	Name	Year	Age	Time	Time	Age	Year	Name	Country
12& under		Matt Phillips	2017		06:57.8	06:57.8		2017	Matt Phillips	U.S.A.
13-14	HWT	David Hutzley	2013		06:34.4	06:28.0		2004	Michael Johnson	Great Britain
15-16	HWT	Clark Dean	2017		05:58.9	05:58.1		2017*	Moritz Wolff	Germany
17-18	HWT	Joe Johnson	2017		05:58.0	05:47.0		2004	Karsten Brodowsky	Germany
	LWT	Austin Meyer	2009		06:21.0	06:06.5		2007*	Henrik Stephansen	Denmark
19-29	HWT	Dave Simon	2000		05:41.0	05:38.3		1999	Rob Waddell	New Zealand
	LWT	Steve Warner	2002		06:07.1	05:56.7		2013*	Henrik Stephansen	Denmark
30-39	HWT	Robert Kaehler	1996		05:49.8	05:36.6		2008	Rob Waddell	New Zealand
	LWT	Cooper Wessells	1998		06:16.4	06:06.4		2004	Eskild Ebbesson	Denmark
40-49	HWT	Andrew Benko	2011*		06:00.4	05:47.8		2017	Pavel Shurmei	Belarus
	LWT	Michael Caviston	2002		06:18.2	06:14.9		2016	Jesus Gonzalez	Spain
50-54	HWT	David Gray	2012		06:11.4	06:07.7		1998	Andy Ripley	Great Britain
		Tom Darling	2014		06:11.4					
	LWT	Paul Siebach	2009*		06:25.1	06:25.1		2009	Paul Siebach	U.S.A.
55-59	HWT	Tom Darling	2014		06:12.6	06:12.6		2014	Tom Darling	U.S.A.
	LWT	Paul Siebach	2015		06:40.3	06:38.1		2006	Roy Brook	Great Britain
60-64	HWT	Paul Hendershott	2004		06:23.7	06:23.7		2004	Paul Hendershott	U.S.A.
	LWT	Michael Van Beuren	2013		06:53.1	06:42.5		2007	Brian Bailey	Great Britain
65-69	HWT	Chris Cooper	2017		06:39.5	06:39.5		2017	Chris Cooper	U.S.A.
	LWT	Ed Alderman	2003		07:01.5	06:57.5		2013	Jorgen Engelbrecht	Denmark
70-74	HWT	Jjames Castellan	2015		06:53.6	06:53.6		2015	James Castellan	USA
	LWT	Roger Gocking	2015		07:08.5	07:08.2		2011	Arnold Cooke	Great Britain
75-79	HWT	Carlo Zezza	2014		07:19.2	07:13.2		2015	Paul Guest	U.S.A.
	LWT	Dean Smith	2004		07:25.3	07:24.1		2012	Roger Bangay	Great Britain
80-84	HWT	Dean Smith	2008		07:45.5	07:43.9		2015*	Geoffrey Knight	Great Britain
	LWT	Carlos Zezza	2017		07:34.4	07:34.4		2017	Carlos Zezza	U.S.A.
85-89	HWT	Dean Smith	2013		08:10.5	08:10.5		2013	Dean Smith	U.S.A.
	LWT	Robert Spenger	2010		08:13.6	08:13.6		2010	Robert Spenger	U.S.A.
90-94	HWT	Robert Spenger	2015		08:42.4	08:42.4		2015	Robert Spenger	USA
	LWT	Robert Spenger	2015		08:44.9	08:44.9		2015	Robert Spenger	USA
95-99	LWT	Paul Randall	2013		11:20.7	10:28.2		2006	John Hodgson	Great Britain
100+	LWT	no record						2011	John Hodgson	Great Britain

\* = Held Previous Record

Note: Certified Times are those from recognized Concept 2 events under RACE conditions

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