



## **CIRC2018 Map**

**Mind Committed    Body Ready**

### **Event and Expo Group Schedule**

All Groups are seeded by submitted 2K Erg Score regardless of age, weight or experience  
However, medals are awarded by the traditional age and experience categories.

**All athletes are invited to the Expo Talks 2, 3, & 5 as CIRC Guests**

**Used Ergs Available \$750: Reserve by Feb. 19<sup>th</sup>**

(Model D w/PM5: Used 3-times: CIRC2016, 2017 & 2018- Contact Below)

- 7:00am:    Doors Open  
7:30am:    Lwt Weigh-In
- 7:20 am    Men/Women 10K
- 8:30am:    Men PR Seed Race  
(Junior / College / Masters / Senior / Veterans seeded by supplied 2k times)
- 9:18am:    Women PR Seed Race  
(Junior / College / Masters / Senior / Veterans seeded by Seed supplied 2k times)
- 10:06:    Boy/Girls Middle School 500
- 10:15 Talk 3    Mary Whipple: *Become a top performing team*  
11:30 Talk 2    Cam Kiosoglous: *USRowing: National Team Vision and Pathways*
- 11:30am:    Quad Races A  
11:42am:    Quad Races B
- 12:00pm:    Junior Challenge Relay  
              Open Challenge Relay
- 12:15pm:    Cross T / Dragon Relay Challenge
- 12:30pm:    Men 500m Sprints  
12:36pm:    Women 500m Sprints
- 1:00 Talk 5    Panel Forum: Adaptive Water Sport Opportunities
- 2:00            Mary Whipple Session #1 (Coxwain Series)  
[Separate Registration Required](#)

### **Volunteer at CIRC2018**

**Contact: John S Butsch**  
W: 773.525.1030 x203  
C: 312.731.0441